

BREAKFAST

SERVED 7AM TO 12PM MONDAY TO FRIDAY / SERVED 8AM TO 12PM WEEKENDS

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SAVORY CROISSANT

€4.00

Soft Drink

€3.50

FULL IRISH BREAKFAST (F.M.S./)	€18.00	HAM & CHEESE CROISSANT (1.3.7.10)	€9.00
Bacon, Sausage, Pudding, Grilled Tomato,		Home Baked Ham and Dubliner Cheddar	
Mushrooms, Toast - egg your style		Cheese	

€16.00 SMOKED SALMON CROISSANT (1.3.47) FULL VEGAN BREAKFAST (1) €9.00 Oak Smoked Salmon, Cream Cheese and Sausage, Hashbrown, Spinach, Mushroom, Grilled Tomato, Toast and Beans Avocado

POWER BOWLS PASTRIES (1°, 3, 7, May also contain traces of nuts)

SAVORY POWER BOWL (3.10.12) Cinnamon Roll €19.00 €3.50 Scone €3.50 Almond Croissant (81) €4.00 Choc Twist €4.00 Roasted Sweet Potato, Quinoa, Corn, Black Bean, Avocado, Grilled Chicken and Egg Plain Croissant £4 00 Pain Au Chocolat €4.00 CREAMY ORGANIC OATS (1**,1^^,7) €9.00

Milk subsitutes available Irish Oats and Organic Milk Porridge with DRINKS Berry Compote and Granola €3.50 Flat White (7) Americano €4.00 €4.00 €3.50 Latte (7) Herbal Tea

Cappucino (7)

SERVED 12PM TO 5PM

SOUP OF THE DAY (17.7.9) Homemade Guinness Bread	€9.00	HAM & CHEESE TOASTIE (*37,9,10) Home Baked Ham, Dubliner Cheese	€9.00
FALAFEL WRAP (1*8:9.11.12) Hummus, Red Pepper Paste, Spiced	€ 13.00	BARTLEY'S CHICKEN WRAP (*3.7,9,10) With Lettuce, Dubliner Cheese, Tomato.	€ 13.00

Quinoa and Salad Pickle & Sriracha Mayo

€ 13.00 POWER BOWL (3,10,12) CLASSIC CAESAR (1°,3,4,7,10) € 13.00 Roasted Sweet Potato, Quinoa, Corn Black Crisp Baby Gem, Croutons, Bacon &

Bean, Avocado, and Egg Parmesan Cheese Add Chicken, Prawn (2) or Falafel €6 Add Chicken, Prawn (2) or Falafel €6

FAVOURITES

SERVED 12PM TO 9:30 PM

€ 20.00 CRISPY CHICKEN BURGER (1:,3,7,10,12) €20.00 FISH & CHIPS (1.3,47.9) With Slaw, Pickles, Blue Cheese Mayo & Fries Beer Battered Haddock Fillet, Crushed Peas Also available spicy and hot & Tartar Sauce € 20.00 BEEF CHEESE BURGER (1.3.7.10.12) €20.00 SHEPHERD'S PIE (7.9.12)

Hereford Beef Patties, Cheese, Crispy Bacon, Braised Lamb Shoulder, Topped with House Relish & Fries Creamy Mash & Parmesan

CHICKEN WINGS (1*,4,6,11) €12.00 €18.00 Glin Valley BBQ Chicken Wings

Our dishes can be adapted to suit dietary requirements. Please check with your server.