

BREAKFAST

SERVED 7AM TO 12PM MONDAY TO FRIDAY / SERVED 8AM TO 12PM WEEKENDS

COOKED BREAKFAST

FULL IRISH BREAKFAST ^(1*,1**,3,7) €18.00
Bacon, Sausage, Pudding, Grilled Tomato, Mushrooms, Toast - *egg your style*

FULL VEGAN BREAKFAST ^(1*) €16.00
Sausage, Hashbrown, Spinach, Mushroom, Grilled Tomato, Toast and Beans

POWER BOWLS

SAVORY POWER BOWL ^(3,10,12) €19.00
Roasted Sweet Potato, Quinoa, Corn, Black Bean, Avocado, Grilled Chicken and Egg

CREAMY ORGANIC OATS ^(1**,1**,7) €9.00
Irish Oats and Organic Milk Porridge with Berry Compote and Granola

SAVORY CROISSANT

HAM & CHEESE CROISSANT ^(1*,3,7,10) €9.00
Home Baked Ham and Dubliner Cheddar Cheese

SMOKED SALMON CROISSANT ^(1*,3,4,7) €9.00
Oak Smoked Salmon, Cream Cheese and Avocado

PASTRIES

^(1*, 3, 7, May also contain traces of nuts)

Cinnamon Roll €3.50 Scone €3.50
Choc Twist €4.00 Almond Croissant ⁽⁸⁾ €4.00
Plain Croissant €4.00 Pain Au Chocolat €4.00

DRINKS

Milk substitutes available


Americano €3.50 Flat White ⁽⁷⁾ €4.00
Latte ⁽⁷⁾ €4.00 Herbal Tea €3.50
Cappucino ⁽⁷⁾ €4.00 Soft Drink €3.50

LUNCH

SERVED 12PM TO 5PM

SOUP OF THE DAY ^(1*,7,9) €9.00
Homemade Guinness Bread

FESTIVE BAGUETTE ^(1*,3,7,10) €15.00
Turkey, Ham, Stuffing and Cranberry Mayo

 **FALAFEL WRAP** ^(1*,8,9,11,12) €13.00
Hummus, Red Pepper Paste, Spiced Quinoa and Salad

BARTLEY'S CHICKEN WRAP ^(1*,3,7,9,10) €13.00
With Lettuce, Dubliner Cheese, Tomato, Pickle & Sriracha Mayo

HAM & CHEESE TOASTIE ^(1*,3,7,9,10) €9.00
Home Baked Ham, Dubliner Cheese

CLASSIC CAESAR ^(1*,3,4,7,10) €13.00
Crisp Baby Gem, Croutons, Bacon & Parmesan Cheese
Add Chicken, Prawn (2) or Falafel €6

 **POWER BOWL** ^(3,10,12) €13.00
Roasted Sweet Potato, Quinoa, Corn Black Bean, Avocado, and Egg
Add Chicken, Prawn (2) or Falafel €6

FAVOURITES

SERVED 12PM TO 9:30 PM

FISH & CHIPS ^(1*,3,4,7,9) €20.00
Beer Battered Haddock Fillet, Crushed Peas & Tartar Sauce

SHEPHERD'S PIE ^(7,9,12) €20.00
Braised Lamb Shoulder, Topped with Creamy Mash & Parmesan

TRADITIONAL TURKEY & HAM ^(1*,3,7,8,9,10,12) €26.00
Roast Potatoes, Veg & Sprouts, Cranberry Sauce, Chestnuts and Gravy

CRISPY CHICKEN BURGER ^(1*,3,7,10,12) €20.00
With Slaw, Pickles, Blue Cheese Mayo & Fries
Also available spicy and hot

BEEF CHEESE BURGER ^(1*,3,7,10,12) €20.00
Hereford Beef Patties, Cheese, Crispy Bacon, House Relish & Fries

CHICKEN WINGS ^(1*,4,6,11) S €12.00 L €18.00
Glin Valley BBQ Chicken Wings

Our dishes can be adapted to suit dietary requirements. Please check with your server.

All our beef & meat is Irish

Allergen information below 1-Cereals*(wheat) ** (Barley) ^ (Rye) ^^ (Oats), 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soybeans, 7-Milk, 8-Nuts, (8^Walnuts) (8^^Hazelnut) (8^^ Pecans) (8!Almond) (8A Cashew), 9-Celery, 10-Mustard, 11-Sesame seeds 12-Sulphur Dioxide & Sulphates, 13-Lupins, 14-Molluscs. If you have any special dietary requirements, please check with your server.